

Middle School Lunch Menu

Meal Price \$3.05
Milk without Meal - .40ea



JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Winter
Break –
No school

2

Chicken Strips
Mashed Potatoes,
Gravy, Green Beans,
Cookie, Pineapple, Milk

3

Pancake Stick
Tri Taters, Scrambled
Eggs, Juice Blend, Fruit
Cocktail, Milk

4

Mac & Cheese
Smokies, Fresh Broccoli,
Carrots, Breadstick,
Peaches, Milk

5

Chicken Sandwich
Baked Beans,
Potato Wedges, Red
Peppers, Broccoli, Apple
Slices, Milk

6

Chicken Nuggets
Mashed Potatoes,
Gravy, Steamed Carrots,
Dinner Roll, Cinnamon
Apples, Milk

9

Chicken Alfredo
Steamed Broccoli,
Sweet Peppers, Garlic
Bread, Tropical Fruit,
Milk

10

Breakfast Tornado
Tater Tots, Scrambled
Eggs, Juice Blend, Cereal
Bar, Banana, Milk

11

Popcorn Chicken Salad
Salad Greens, Carrots,
Broccoli, Tomato,
Breadstick, Pineapple,
Milk

12

Sloppy Joe
Baked Beans, Potato
Wedges, Baby Carrots,
Frozen Treat, Milk

13



Professional
Development
No School


16

Chicken & Noodles
Mashed Potatoes,
Fresh Veggies, Wheat
Roll, Fruit Cocktail, Milk

17

Steak Fingers
Cheesy Potatoes, Green
Beans, Broccoli, Dinner
Roll, Banana, Milk

18

 Pizza
Tossed Salad, Breadstick,
Baby Carrots, Rosy
Applesauce, Milk

19

Corn Dog Bites
Baked Beans, Sun Chips,
Cucumber Slices, Apple
Slices, Milk

20

Mexican Crispito
Frito Salad, Cheesy Corn
Bake, Carrots, Mandarin
Oranges, Milk

23

Spaghetti
Meatballs, Fresh Broccoli,
Carrots, Garlic Bread,
Peaches, Milk

24

Mini Breakfast Bites
Scrambled Eggs, Tri
Taters, Juice Blend,
Orange, Milk

25

Tater Tot Casserole
Steamed Peas & Carrots,
Dinner Roll, Tropical
Fruit, Milk

26

Cheeseburger
Baked Beans, French
Fries, Broccoli, Grapes,
Milk

27

French Bread Pizza
Tossed Salad,
Cucumber Slices,
Oranges, Milk

30

Cowboy Cavatini
Tossed Salad, Garlic
Bread, Steamed Corn,
Pineapple, Milk

31



January
Total
\$61.00

EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE WITHOUT NOTICE